

KEC Oneg Guidelines

After our Shabbat Service, we have a small oneg with bagels and cheese - provided by the congregation; please do not contribute on these occasions.

Once a month (usually the third Shabbat), we have a special Fellowship Luncheon/Oneg.

If you are a visitor, you are not required to bring food.

For those attending regularly, we encourage them to bring food like sandwiches, salads, casseroles, desserts, etc.

Please observe the following guidelines:

- Only bring 'Kosher' foods, i.e. NO pork, shellfish, or gelatin products.
- All items must be checked in with our oneg staff.
- Bring fresh cooked dishes and not leftovers.
- Packaged food must be unopened.
- Also after oneg make sure to take your dishes and utensils home.

If you cannot cook, but would like to contribute to our oneg, you could freely donate to our oneg fund, consult Elizabeth Fennel or Cheryl Cole for more details.